



DO RECYCLE THESE ITEMS

Poff Carting **ONLY** collects the following materials for recycling, and **ONLY** these items should go into the recycling container.

CARDBOARD & BOXBOARD (Boxes must be flattened.)

- | | |
|----------------------------------|-----------------------------------|
| Cardboard packing boxes | Cereal boxes |
| Cardboard tubes | Corrugated containers |
| Boxes with grey or brown insides | Any box without a plastic coating |
| Pizza boxes | NO frozen food boxes. |

CANS (Emptied)

- | | |
|--------------------|---|
| Steel food cans | NO paint cans or chemical containers |
| Aluminum beer cans | NO pie pans or aluminum foil. |
| Juice cans | |
| Soda cans | |
| Metal aerosol cans | |

PAPER

- | | |
|--|-------------|
| White paper | Folders |
| Colored paper | Newspapers |
| Shredded paper (bagged in a clear plastic bag) | Magazines |
| Envelopes | Fliers |
| Calendars | Brochures |
| Brown paper bags | Phone books |
| Notepads | Junk mail |

PLASTIC

- | | |
|-------------------------|---|
| Two-Liter drink bottles | Detergent bottles (emptied and rinsed. NO lids or caps) |
| Juice bottles & Jugs | NO plastic grocery bags |
| Water bottles | |
| Milk jugs | |

GLASS

- Any color and size bottle or jar
NO Ceramics, Dishes, Mirrors, or Windows



DO NOT RECYCLE THESE ITEMS:

If you are still unsure, please feel free to **call us at (606) 877-7760 or (877) 288-2981**
To find out more about disposal of non-recyclable materials, head to Earth911.com

METAL ITEMS – PAINT CANS OR TANKS

Swing sets, Cookware, Knives, Chains, Scrap Metal, Gas or Propane tanks, Helium tanks, Compressors

CONSTRUCTION MATERIALS

Siding, Drywall, Wood Materials

ELECTRONICS

TV's, Computers, Cell phones, Radios, Microwaves, Etc.
Best Buy Accepts TV's.

CAR PARTS & TIRES

Car Parts, Tires, Batteries, Rubber Materials

NEEDLES & SYRINGES

Needles & Syringes should be secured in a coffee can or milk jug and placed in your trash cart.

YARD WASTE & GRASS CLIPPINGS

BLACK OR DARK COLORED GARBAGE BAGS

Bagged Items must be in a CLEAR plastic bag.

HOSES & CORDS

Garden hoses, Extension cords, Ropes, Leashes

PLASTIC ITEMS

Lawn chairs, Laundry baskets, Trash cans, Toys, Blinds, Buckets, Plastic Bags, Etc.
Many local retailers and grocery stores may accept plastic grocery bags

TARPS & CLOTHING

Tarps, Blankets, Clothing
Put them in your trash cart or donate to charity.

STYROFOAM & PACKING PEANUTS

UPS stores accept packing peanuts